ALEXIS DENNEHY

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Residence: Brisbane, Australia | Nationality: Australian

Personal details

Full name: Alexis Dennehy
Contact details: a.dennehy@uq.net.au | 0438 953 091 | Brisbane, Australia
Nationality: Australian
Languages and proficiency: English.
ORCID / research identifier: None to date

Educational qualifications and academic awards

Master of Public Health (Global Health)
The University of Queensland, School of Public Health, Herston, Australia
2019–2020
Academic achievements: Distinctions in Biostatistics and Global Governance; commendations in Systems Thinking and Health Systems.
Overall GPA: 5.4
Research Project: Thematic Analysis (NVivo), Institute for Health & Biomedical Innovation.
Supervisor: Elizabeth Martin

Bachelor of Health Science
Charles Sturt University, School of Biomedical Sciences, Wagga Wagga, Australia
2013–2017
Overall GPA: 3.58

Bachelor of Naturopathy
Southern Cross University, School of Complementary Medicine, Lismore, Australia.
1997-1998
Academic achievements: Distinctions in Anatomy, Physiology and Chemistry.
Overall GPA: 6.14

Advanced Diploma of Naturopathy
Nature Care College of Natural Medicine, St Leonards, Sydney, Australia.
1999–2002
All requirements met; no GPA issued

Diploma of Nutrition
Nature Care College of Natural Medicine, St Leonards, Sydney, Australia.
1999–2002
All requirements met; no GPA issued

Diploma of Remedial Massage
Nature Care College of Natural Medicine, St Leonards, Sydney, Australia.
1999–2002

All requirements met; no GPA issued

Professional affiliations and memberships

Public Health Association of Australia (PHAA) — 2019 & current
Statistical Society of Australia (SSA) — 2020 & current
Australian Traditional Medicines Society (ATMS) – 2000 & current

Employment history

Business Owner–Practitioner
One Natural Therapies, Brisbane, Australia
2003–present Main duties and accountabilities: Founded and managed an allied health practice, with responsibility for operations, clinical safety policies and procedures, marketing communications, product development, project management and corporate consulting. Led a team of up to five for events and retreats; employed four permanent part-time contractors from 2008–2011. Developed and updated clinical safety guidelines informed by Australian clinical practice guidance and professional codes of conduct.
Relevant achievements: Developed and delivered mindfulness courses in response to participant-identified needs and feedback; led more than twelve biannual retreats; developed educational and multimedia resources; and provided corporate wellbeing consulting. Preferred mental wellbeing provider for Clayton Utz from 2009–2011.

Retreat Creator, Presenter and Facilitator
Yoga & Psychology Retreat, Minjerribah (North Stradbroke Island), Australia
2012–2024

Main duties and accountabilities: Creative development, project management, workshop design and facilitation for groups of up to 21 participants. Developed retreat manuals and presentations, coordinated guest presenters, and used participant feedback and testimonials to evaluate and refine the program. Delivered more than 14 retreats, with permission sought and granted by the Minjerribah-Moorgumpin Elders in Council.

Wellbeing Consultant
Clayton Utz, Brisbane, Australia
2009–2011

Main duties and accountabilities: Advised on mental wellness strategies aimed at reducing suicide risk in the legal profession; delivered presentations and individual consulting to legal professionals.
Relevant achievements: Advising more than 300 legal professionals and delivering more than 200 presentations. Program received an Australian HR Institute excellence award in 2011 for reduced rates of suicide in the legal profession.

Other research experience

Qualitative Research Assistant to Advance Australia Industry Fellow
Institute for Health and Biomedical Innovation, Queensland University of Technology, Brisbane, Australia
January 2019–August 2020

Main duties and research activities: Conducted thematic analysis in NVivo 12 of 15 interviews to identify core pregnancy and childbirth outcomes that could be collected consistently across international maternity services. Worked in an international values-based healthcare team with Austin University, Texas, and the Institute for Health and Biomedical Innovation. Conducted a rapid literature review; contributed strategic input on partnerships; drafted a publication; and documented a transparent qualitative process.

Relevant achievements: Supported trustworthiness through peer debriefing, triangulation, reflexivity and an audit trail; coordinated with collaborators to minimise duplicated work.

Faculty Student–Staff Partner, Department of Biostatistics
Faculty of Medicine, The University of Queensland, Brisbane, Australia
June 2019–November 2019

Main duties and accountabilities: Worked with the department head to upgrade Biostatistics, a core subject in the Master of Public Health, Master of Epidemiology and Doctor of Medicine. Collaborated with UQ's Institute for Teaching and Learning Innovation and the Institute for Health and Biomedical Innovation on software integrations to improve online learning.

Relevant achievements: Learning strategies and course content were approved and implemented by the Faculty of Medicine. Video interviews and software integrations were implemented in the 2020 Biostatistics course. Student Evaluation of Course and Teacher results of 22.9% for course satisfaction (a 2.3% incremental increase) and 46.4% for teaching (a 3.2% incremental increase). The program was a finalist in the 2019 Advancing Academic Development Good Practice awards.

University of Queensland Summer Scholarship
The Life Course Centre, The University of Queensland, Brisbane, Australia
November 2020–February 2021
Supervision: Dr Stefanie Plage, Postdoctoral Research Fellow.
Project title: COVID-19 Critical Discourse Analysis on Social Inequality and Quarantining.
Duties: Compilation of FACTIVA corpus via manual database search and entry.

Research acknowledgement: Acknowledged as a Research Assistant in a subsequent publication arising from the research project (2025).

Plage, S., Kuskoff, E., & Stambe, R.-M. (2025). Subject to Quarantine: A Narrative Analysis of COVID-19 Reporting in the Australian News Media. *Sociological Research Online*, *30*(3), 652-672. https://doi.org/10.1177/13607804241275282

Community Disaster Preparedness and Recovery | Graceville–Chelmer, Brisbane
2022

Organised and facilitated two community consultations providing opportunities for local residents to discuss flood impacts, community needs and disaster management.

Selected by Place Graceville as the disaster management contact for the Graceville–Chelmer community Facebook page, serving a community of more than 11,000 members. This role involved community-facing engagement around local disaster preparedness, information sharing and recovery following the February 2022 Brisbane floods.

Subsequently participated in the *ReGroup: Disaster Recovery Groups — Community Resilience Research Workshop*, convened by the University of Melbourne's Melbourne School of Population and Global Health on 25 November 2022. The workshop examined the formation, governance and social connectedness of disaster recovery groups through structured surveys, focus-group discussions, tangible social network mapping and evaluation of a self-assessment tool addressing group formation and scope, governance and decision-making, and stakeholder engagement.

Research relevance: Demonstrates independent community engagement, delegated responsibility and experience connecting local disaster recovery concerns with participatory research on community resilience, social networks and governance. This experience informs my interest in translating lived experience and community knowledge into evidence-informed public health and disaster management policy.

Workshop personnel: Dr Hannah Morrice, Kate Brady and Amanda Belton.

Research outputs

None to date (no authored or co-authored publications, reports or conference presentations).
Research grants and relevant awards

University of Queensland Summer Scholarship Program
Awarding body: The University of Queensland, Australia.

Award: UQ Summer Research Scholarship.

Active year: November 2019 – February 2020

Amount: $3,000

Project title: COVID-19 Critical Discourse Analysis on Social Inequality and Quarantining.

Research Achievements Relative to Opportunity

My academic and professional trajectory has been non-linear, combining formal public health education with more than two decades of independent clinical practice, program development and community engagement. Significant personal and family circumstances associated with divorce, alongside anxiety arising during the COVID-19 outbreak, affected my capacity for sustained study and career progression during the relevant period.

Much of my professional development has occurred outside conventional academic institutions. This has required considerable self-direction, initiative and adaptability, including establishing an independent health practice, developing interdisciplinary collaborations and facilitating community-based initiatives.

Alongside this experience, I have undertaken university-based qualitative research, contributed to biostatistics curriculum development and received supervised research experience through UQ's Summer Scholarship Program. These opportunities have provided a foundation in research methods, academic collaboration and knowledge translation.

I now seek to consolidate this interdisciplinary experience through an MPhil, developing greater methodological depth and contributing original research to public health scholarship.

Referees

1. Dr Stefanie Plage s.plage@uq.edu.au | +61 7 3346 7350
2. Hon Assoc Professor Elizabeth Martin elizabeth.martin@uq.edu.au
3. Dr Darsy Darssan d.darssan@uq.edu.au